

UT D

SCHOOL OF
BEHAVIORAL AND BRAIN SCIENCES

Approaches to Clinical Psychology PSY 3333 – Section 001 Fall 2016

Instructor: Dr. Bill Barfoot
Phone: 469-941-8925
Email: barfoot@utdallas.edu
Office: CR 1.304
Office hours: Monday, 3:00 – 4:00 p.m., by
appointment

Classroom: CR 1.202
Class time: Monday, 4:00 – 6:45 p.m.

Teaching Intern: Kirsten Anderson
Intern's email: kla130130@utdallas.edu

Course description:

This course is intended to provide you with a comprehensive introduction to the broad and multi-faceted field of clinical psychology. Major topic areas as they are related to clinical psychology include:

- Historical roots and conceptual foundations
- Assessment techniques
- Therapeutic approaches
- Special topics/populations
- Graduate study, professional issues

Pre-requisite: PSY 2301 Introduction to Psychology

Program-level learning objectives: After completing the course, students should be able to:

- 1.1 Describe and explain the nature of clinical psychology as a scientific discipline.
- 1.2 Describe and analyze major theoretical perspectives and overarching themes of clinical psychology and their historical development.
- 3.2 Demonstrate how psychological principles can explain and inform clinical issues, social issues, organizational issues, and public policy.
- 4.1 Demonstrate effective writing skills in various formats (e.g., summaries, integrations, and formulations) and for various purposes (e.g., informing, teaching, explaining, defending, persuading, and arguing).

Textbook: Trull, Timothy, & Prinstein, Mitch. (2013). *Clinical Psychology (Eighth Edition)*. Belmont, CA: Wadsworth Cengage (ISBN-10: 0495508225; ISBN-13: 9780495508229).

Organization of class, attendance, and classroom environment:

This course will emphasize information provided by the textbook. However, we will occasionally view short video pieces in class and have guest presenters who will provide supplemental information on various topics. During the lectures, I will emphasize key pieces of information important for you to know. In addition, I will frequently add my own contributions based on my applied experience and knowledge of current research findings. Your knowledge and understanding of the information from *all* of these sources will be assessed through the scheduled exams. Therefore, it is imperative that you attend class. If for some reason you are unable to attend class, it is your responsibility to obtain notes for that lecture from one of your classmates. I will not provide lecture notes for anyone who is unable to attend class, regardless of the reason for missing class.

I will record attendance frequently but will not determine whether absences are excused or unexcused (except in the case of a missed exam). While your attendance does not necessarily have a direct bearing on your final course grade, it will have an impact when I make decisions about marginal point totals (defined as within 1 or 2 [of 400] points of the next higher letter grade). Students who have been recorded absent from lectures once (or none) will have the opportunity to earn the next higher letter grade, in those marginal cases. No opportunities to earn extra credit will be offered at any point.

The reading assignments for each meeting are indicated below. It will be important for you to have read the assignment *prior to* each class in order to get the most out of the lectures and discussions. I encourage your active participation in class discussions. Please be on time to class. Exams may not be handed out later than 15 minutes past the time the exam begins. If you arrive late to class or need to leave before the end of class, please do so discretely. Be aware that important key pieces of information may be covered towards the end of class, so it is in your best interest not to leave early.

eLearning will be used throughout the semester for recording your grades, making class announcements, and providing supplemental materials. It is your responsibility to make sure you have access to eLearning.

Please do not make still image, video, and/or audio recordings of the lecture or visual supplements without permission. Still image, video, and/or audio recordings of class sessions made with or without permission may not be distributed in any way. This includes but is not limited to postings on the internet, websites, eLearning, or email.

Exams (75% of final grade):

There will be three non-cumulative, equally weighted exams (each counting for 25% of your final grade). All exams will be in multiple choice and/or short-essay formats. For each exam, you must bring a Scantron Form 229630, a #2 pencil, and your UT Dallas Comet Card for identification. You will be *required* to show your Comet Card at each exam. All students are expected to take the exams at the scheduled times. Make-up exams will be given *only in the event of serious illness or some type of emergency situation* (e.g., death of a family member, car accident, etc.). In the event of such a serious illness or emergency situation, you are expected to contact me *prior* to the scheduled exam (or as soon afterwards as possible, given the circumstances) to notify me of your situation and to schedule a make-up exam. Documented evidence (e.g., doctor's note, copy of accident report, etc.) may be required. Whether or not a make-up exam will be allowed will ultimately be left to my discretion. Make-up exams will likely be in long-essay format. If you miss a scheduled exam, you will be required to take the make-up exam within one week of the originally scheduled exam time.

In-class assignments (10% of final grade):

There will be three in-class individual and/or group assignments. These assignments are designed to encourage you to delve more deeply into specific topics and to elicit small group/class discussions. Make-up opportunities for these assignments will NOT be given. If you miss a class for which an assignment is scheduled, you will not be penalized grade-wise if you are able to contact me prior to (or as soon as possible after) the class and provide proper documentation of your reason for absence (*serious illness or emergency*). If you are unable to fulfill these obligations or if your absence is for other reasons, a zero will be given for that assignment grade. For all students, the two highest in-class assignment grades will count towards the final grade, while the lowest grade will be dropped.

Case formulation (15% of final grade):

Three case descriptions will be made available on eLearning by 10/3/16. For the assignment, you are to choose one case description, summarize and conceptualize the case from a specific theoretical orientation (e.g., psychodynamic, cognitive-behavioral, etc.), discuss an assessment approach, and develop a basic treatment plan. You will need to integrate information from the lectures and the Trull textbook in order to help you develop an effective case formulation. You are encouraged to be creative and thoughtful in predicting how treatment might proceed, what difficulties might arise, etc., based on your learned understanding of treatment modalities and interventions in general.

You must submit your paper via turnitin.com, and the paper should be submitted by the following due date and time *at the very latest* in order to potentially receive full credit: Monday, 11/14/16, 4:00 p.m. Papers will be considered the first day late after that time on that date. Papers will not be accepted via email or in hard copy form in person. Students are advised to submit the paper via turnitin.com with ample time to work through any potential technical difficulties (or otherwise) that may be encountered. Such difficulties will not be accepted as a reason the paper is late, and late penalties will apply. Late papers will be penalized by 6 (out of 60) points (i.e., one letter grade) for each business day they are late (Monday through Friday are considered business days; Saturday and Sunday together will count as one business day for the purpose of this policy). The relevant turnitin.com class ID is 12982085, and the enrollment password is "approaches".

Grading:

Absolutely no individualized extra credit will be given. Final grades are based on the following break-down:

Activity	Total Possible Points	Percentage of Final Grade
Exam 1	100	25%
Exam 2	100	25%
Exam 3	100	25%
In-class assignments	40	10%
Case formulation	60	15%
Final grade	400	100%
Final		Final

<u>Letter Grade</u>	<u>Points Earned</u>	<u>Letter Grade</u>	<u>Points Earned</u>
A+	386-400	C+	306-319
A	373-385	C	293-305
A-	360-372	C-	280-292
B+	346-359	D+	266-279
B	333-345	D	253-265
B-	320-332	D-	240-252
		F	<240

Class schedule and reading assignments:

8/22	Clinical Psychology: Introduction and Historical Overview	Chapters 1 (pp. 3-21) and 2
8/29 161-184)	Diagnosis and Classification; Clinical Interviews	Chapters 5 and 6 (pp.
9/5	LABOR DAY – NO CLASS	
9/12 523-529)	Intellectual and Neuropsychological Assessment; In-class assignment #1	Chapters 7 and 18 (pp.
9/19	Personality Assessment	Chapter 8
9/26	EXAM 1	
10/3	Psychological Interventions	Chapter 11
10/10	Psychotherapy: Psychodynamic Perspective	Chapter 12
10/17	Psychotherapy: Client-Centered, Humanistic, and Existential Perspectives; In-class assignment #2	Chapter 13
10/24	Psychotherapy: Behavioral and Cognitive-Behavioral Perspectives	Chapter 14
10/31	EXAM 2	
11/7	Group Therapy, Family Therapy, and Couples Therapy	Chapter 15
11/14	Clinical Child Psychology; In-class assignment #3 CASE FORMULATION DUE	reading(s) TBA
11/21	FALL BREAK – NO CLASS	
11/28	Health Psychology and Behavioral Medicine	Chapter 17
12/5	Graduate School, Professional Issues, and Current Issues	Chapters 1 (pp. 21-29) and 3
12/12	EXAM 3 (time and location to be determined)	

Sharing Confidential Information

Students considering sharing personal information in email, in person, or within assignments or exams should be aware that faculty members and teaching/research assistants are required by UT Dallas policy to report information about sexual misconduct to the UT Dallas Title IX Coordinator. Per university policy, faculty have been informed that they must identify the student to the UT Dallas Title IX Coordinator. Students who wish to have confidential discussions of incidents related to sexual harassment or sexual misconduct should contact the Student Counseling Center (972-883-2527 or after hours 972-UTD-TALK or 972-883-8255), the Women's Center (972-883-8255), a health care provider in the Student Health Center (972-883-2747), the clergyperson (or other legally recognized religious advisor) of their choice, or an off-campus resource (i.e., rape crisis center, doctor, psychologist). Students who are sexually assaulted, harassed, or victims of sexual misconduct, domestic violence, or stalking, are encouraged to directly report these incidents to the UT Dallas Police Department at 972-883-2222 or to the Title IX Coordinator at 972-883-2218. Additional information and resources may be found at <http://www.utdallas.edu/oiec/title-ix/resources>.

Technical Support

If you experience any issues with your UT Dallas account, contact the UT Dallas Information Resources Help Desk: assist@utdallas.edu or call 972-883-2911.

UT Dallas provides eLearning technical support 24 hours a day/7 days a week. The services include a toll free telephone number for immediate assistance (1-866-588-3192), email request service, and an online chat service. Please use this link to access the UTD eLearning Support Center: <http://www.utdallas.edu/elearninghelp>.

Student Conduct and Discipline

The University of Texas System (Regents' Rule 50101) and The University of Texas at Dallas have rules and regulations for the orderly and efficient conduct of their business. It is the responsibility of each student and each student organization to be knowledgeable about the rules and regulations which govern student conduct and activities. General information on student conduct and discipline is contained in the UT Dallas online catalogs (<http://catalog.utdallas.edu>).

The University of Texas at Dallas administers student discipline within the procedures of recognized and established due process. Procedures are defined and described in the Student Discipline and Conduct, UTDSP5003 (<http://policy.utdallas.edu/utdsp5003>). Copies of these rules and regulations are available to students in the Office of the Dean of Students, where staff members are available to assist students in interpreting the rules and regulations (SSB 4.400, 972-883-6391) and online at <http://www.utdallas.edu/deanofstudents>.

A student at the University neither loses their rights nor escapes the responsibilities of citizenship. He or she is expected to obey federal, state, and local laws as well as the Regents' Rules, university regulations, and administrative rules. Students are subject to discipline for violating its standards of conduct whether such conduct takes place on or off campus, or whether civil or criminal penalties are also imposed for such conduct.

Academic Integrity

The faculty expects from its students a high level of responsibility and academic honesty. Because the value of an academic degree depends upon the absolute integrity of the work done by the student for that degree, it is imperative that a student demonstrates a high standard of individual honor in his or her scholastic work.

Academic dishonesty can occur in relation to any type of work submitted for academic credit or as a requirement for a class. It can include individual work or a group project. Academic dishonesty includes, plagiarism, cheating, fabrication and collaboration/collusion. In order to avoid academic dishonesty, it is important for students to fully understand the expectations of their professors. This is best accomplished through asking clarifying questions if an individual does not completely understand the requirements of an assignment.

Additional information related to academic dishonesty and tips on how to avoid dishonesty may be found here: <http://www.utdallas.edu/deanofstudents/maintain>.

Copyright Notice

It is the policy of the University of Texas at Dallas to adhere to the requirements of the United States Copyright Law of 1976, as amended, (*Title 17, United States Code*), including ensuring that the restrictions that apply to the reproduction of software are adhered to and that the bounds of copying permissible under the fair use doctrine are not exceeded. Copying, displaying, reproducing, or distributing copyrighted material may infringe upon the copyright owner's rights. Unauthorized distribution of copyrighted material, including unauthorized peer-to-peer file sharing, may subject students to appropriate disciplinary action as well as civil and criminal penalties. Usage of such material is only appropriate when that usage constitutes "fair use" under the Copyright Act. For more information about the fair use exemption, see

<http://copyright.lib.utexas.edu/copypol2.html>. As a UT Dallas student, you are required to follow UT Dallas' copyright policy (UTDPP1043 at <http://policy.utdallas.edu/utdpp1043>) and the UT System's policy at <http://www.utsystem.edu/ogc/intellectualproperty/copyrighthome.htm>.

Email Use

The University of Texas at Dallas recognizes the value and efficiency of communication between faculty/staff and students through electronic mail. At the same time, email raises some issues concerning security and the identity of each individual in an email exchange. All official student email correspondence will be sent only to a student's UT Dallas email address and UT Dallas will only consider email requests originating from an official UT Dallas student email account. This allows the University to maintain a high degree of confidence in the identity of each individual's corresponding via email and the security of the transmitted information. The University of Texas at Dallas furnishes each student with a free email account that is to be used in all communication with university personnel. The Department of Information Resources provides a method for students to have their UT Dallas mail forwarded to other email accounts. To activate a student UT Dallas computer account and forward email to another account, go to <http://netid.utdallas.edu>.

Withdrawal from Class

The administration at UT Dallas has established deadlines for withdrawal from any course. These dates and times are published in the Comet Calendar (<http://www.utdallas.edu/calendar>) and in the Academic Calendar (<http://www.utdallas.edu/academiccalendar>). It is the student's responsibility to handle withdrawal requirements from any class. In other words, a professor or other instructor cannot drop or withdraw any student unless there is an administrative drop such as the following:

- Have not met the prerequisites for a specific course
- Have not satisfied the academic probationary requirements resulting in suspension
- Judicial affairs request
- Have not made appropriate tuition and fee payments
- Enrollment is in violation of academic policy
- Was not admitted for the term in which they registered

It is the student's responsibility to complete and submit the appropriate forms to the Registrar's Office and ensure that he or she will not receive a final grade of "F" in a course if he or she chooses not to attend the class after being enrolled.

Student Grievance Procedures

Procedures for student grievances are found in university policy UTDSP5005 (<http://policy.utdallas.edu/utdsp5005>). In attempting to resolve any student grievance regarding disputes over grades, application of degree plan, graduation/degree program requirements, and thesis/dissertation committee, advisor actions and/or decisions, evaluations, and/or other fulfillments of academic responsibility, it is the obligation of the student first to make a serious effort to resolve the matter with the instructor, supervisor, administrator, or committee with whom the grievance originated.

Incomplete Grade Policy

As per university policy, incomplete grades may be given, at the discretion of the instructor of record for a course, when a student has completed at least 70% of the required course material but cannot complete all requirements by the end of the semester. An incomplete course grade (grade of 'I') must be resolved completed within the time period specified by the instructor, not to exceed eight (8) weeks from the first day of the subsequent long semester. Upon completion of the required work, the symbol 'I' may be converted into a letter grade (A through F). If the grade of Incomplete is not removed by the end of the specified period, it will automatically be changed to F.

AccessAbility Services

It is the policy and practice of The University of Texas at Dallas to make reasonable disability-related accommodations and/or services for students with documented disabilities. However, written notification from the Office of Student AccessAbility (OSA) is required (see <http://www.utdallas.edu/studentaccess>). If you are eligible to receive disability-related accommodations and/or services and to ensure accommodations will be in place when the academic semester begins, students are encouraged to submit documentation four to six weeks in advance. Students who have questions about receiving accommodations, or those who have, or think they may have, a disability (mobility, sensory, health, psychological, learning, etc.) are invited to contact the Office of Student AccessAbility for a confidential discussion.

The Office of Student AccessAbility provides: academic accommodations for eligible students with a documented permanent physical, mental or sensory disability; facilitation of non-academic and environmental accommodations and services; and resources and referral information, and advocacy support as necessary and appropriate. OSA is located in the Student Services Building, suite 3.200. They can be reached by phone at 972-883-2098, or by email at studentaccess@utdallas.edu.

Religious Holy Days

The University of Texas at Dallas will excuse a student from class or other required activities, including examinations and travel time for the observance of a religious holy day for a religion whose places of worship are exempt from property tax under Section 11.20, of the *Texas Tax Code*.

Students are encouraged to notify the instructor or activity sponsor as soon as possible regarding the absence, preferably in advance of the assignment.

Excused students will be allowed to take missed exams or complete assignments within a reasonable time after the absence: a period equal to the length of the absence, up to a maximum of one week. A student who notifies the instructor and completes any missed exam or assignment may not be penalized for the absence. A student who fails to complete the exam or assignment within the prescribed period may receive a failing grade for that exam or assignment.

If a student or an instructor disagrees about the nature of the absence [i.e., for the purpose of observing a religious holy day] or if there is similar disagreement about whether the student has been given a reasonable time to complete any missed assignments or examinations, either the student or the instructor may request a ruling from the President of UT Dallas or from the President's designee. The chief executive officer or designee must take into account the legislative intent of *Texas Education Code 51.911(b)*, and the student and instructor will abide by the decision of the chief executive officer or designee.

Resources to Help You Succeed

The Office of Student Success operates the Student Success Center (SSC, <http://www.utdallas.edu/studentsuccess>), which offers assistance to students in the areas of writing, mathematics, communication, multiple science fields, reading, study skills, and other academic disciplines. These services are available through individual and small group appointments, workshops, short courses, and a variety of online and instructional technologies. All students enrolled at UT Dallas are eligible for these services.

The **Writing Center** offers a collaborative learning environment for one-to-one and small group assistance with general and advanced writing assignments and overall writing skills. Scheduling an appointment is strongly recommended, but walk in appointments are possible if a tutor is available.

Success Coaches are available for individual student appointments to discuss study skills, time management, note taking, test taking and preparation, and other success strategies.

The Student Success Center's main office is located in the McDermott Library Building and can be contacted by calling 972-883-6707 or by sending an email to ssc@utdallas.edu.

