

Course	HDCD6310.0U1.16U Class Number: 50895			
Professor	Carol "Annette" Anderson, LCSW			
Term	Summer. 2016			
Meetings	Wednesday 1:00pm-5:00pm CR 1.212			

## **Professor's Contact Information**

Office Phone	972-480-5310
Other Phone	972-814-0164
Office Location	1700 Alma Drive Suite 315 Plano, TX 75075
Email Address	ca.anderson@utdallas.edu
Office Hours	By appointment
Other Information	Students are responsible for checking eLearning <u>each week</u> for announcements, PowerPoints, readings and website links will be found there.

## **General Course Information**

Pre-requisites, Co-requisites, & other restrictions	No pre-requisites: coursework in Psychology or Sociology would beneficial.		
Course Description	Course Description: Working with Parents and Caregivers (3 semester credit hours) Skills needed by professionals to work with parents and caregivers of children with special needs. Topics address skills needed to assess parent strengths and resources, and to assist parents in understanding and promoting their children's development and adjustment; including effective communication techniques, and strategies to enhance parental efficacy to advocate for their children. Prerequisites: BBSC majors only and department consent required. (3-0) Y		
Student Learning Objectives and Outcomes	<ul> <li>Understands the origins of caregiver expectations and perceptions of the child.</li> <li>Knows how family dynamics affect infant and toddler development.</li> <li>Knows the normal dynamics of nonfinite grief process and understands how family may be impacted as they go through the grief process.</li> <li>Identifies the symptoms of stress and trauma impacting families with severe medical/psychological challenges.</li> <li>Respects families' insights into their own situations and into their children's behavior and development.</li> <li>Displays openness to, and understanding of, diversity in lifestyles, culture, gender, socioeconomic status, spirituality and language. Recognizes the potential for conflicts and misunderstandings due to perceptual differences.</li> <li>Implements practices that respect diverse family background.</li> <li>Develops self-observation/reflection and awareness of personal bias and history which may enhance or interfere in service delivery.</li> <li>Develops skills and assessment tools to observe and retrieve family needs and reinforce strengths.</li> <li>Learn techniques for working with multi-problem families and engaging them in team building.</li> <li>Understanding ethics and boundaries in home visiting.</li> </ul>		
Required Texts & Materials	Bruce, E., & Schultz, C. (2001). Nonfinite loss and grief: A psychoeducational approach.  Baltimore, Md.: Paul H. Brookes Pub.  ISBN Number: 1-55766-517-6  eLearning and Class Schedule readings as assigned		
,	*Instructor reserves the right to alter or add readings dependent on class needs.		

Assignment Date	Assignment
<u> </u>	Lifeline & Eco Map
June 8, 2016	Lifeline: Student will develop a personal lifeline beginning at 9 months prior to their own birth to current time. The lifeline may focus on the student as an individual, a family or extended family. Assignment should be brought to class in printed or hand drawn
10 points	format. Follow suggestions for formatting in the Assessment presentation. Positive experiences are above the life line and negative below.  2. Eco Map: Student will complete a personal Eco Map which will reflect their social,
	educational, work, economic and other connections.
	Comparative Paper Students will
June 29, 2016	1. Read all the assigned articles on professional cultural competency.
	2. Students will choose a culture prominent in the Dallas/Ft. Worth area. <a href="http://www.dfwinternational.org/resource center/Study of North Texas Immigrant Com">http://www.dfwinternational.org/resource center/Study of North Texas Immigrant Com</a>
	munities 2003.pdf (please notify the professor of your selection by June 8 <sup>th</sup> via email) this should be a culture in which you have <u>no personal experience</u> , <u>knowledge nor previous</u>
15 points	research. You can research on the internet, attend a cultural event and/or interview
	someone from your chosen culture. If attending an event, student needs to get a signature of one of event staff members or someone from the culture that you visited with as proof of their attendance.
	Write a 4-page paper-double spaced, size 12 font on your assigned culture. Address what your
	first impressions or misunderstandings are about the assigned culture before your research. How
	are your impressions accurate and how were they not accurate? How does your own personal culture compare to your assigned culture? Use the article, "Culturally Competent Health Care in
	the Home" Class 4. Use the information in the article to help you in questions to research. Use
	APA format for your references.
	Loss Essay Students will write a 6-page essay, 12 pt. font. double space, on a personal loss – an object,
July 13, 2016	dream, or person. The loss essay should include the student's personal observations of the
	impact of this loss on their life. The essay will address the impact of this loss on their past and future personal/professional relationships, behavior, emotions, life philosophy, and/or cognition.
	Students should explore in this essay how this loss experience could assist or impair their sensitivity in work with families of children with chronic illness and/or challenges. Also, students
20 points	should address their style of handling "good-byes" whether personal or professional. The loss
	essay will not be presented in class and will be considered confidential by the instructor. Grade will be based on student's attempt to understand the loss, its impact on their life and how this
	loss experience relates to families experiencing loss. Students may refer to various theories of loss and grief learned in class but the most important goal of the paper is self-reflection not
	theory.  Personal Genogram
	Students will construct a Genogram and essay of their own family of origin or adoptive family,
July 22, 2016	including at least three generations (the student, their parents, and grandparents), using the
20 points	symbols presented in class. Student will do a self-assessment of patterns seen in their families.  Students will write a 6-page essay (double spaced – 12 pt. font) describing their family and
	Genogram. Students will include their own interpretation and chronology of family events and
	how their family of origin dynamics might impact their work with families. Again, the Genogram will be considered confidential. Only the instructor will read the Genogram and essay.
	Genograms may be submitted on poster boards.
Quiz 1 10 points	Three quizzes over readings and lectures. Dates will be announced one week prior to Quiz  No Final Exam
Quiz 2 10 points Quiz 3 10 points	NO FINAL EXAMI
	Attendance/Participation – One class is equivalent to almost 3 regular classes in content and
5 points	time. Make every effort not to miss any classes. If sick be sure to get Dr. note. Also lectures start promptly so try not to be late. 5 Points will be deducted from grade for an unexcused absence.
	prompay so my not to be late.

DATE	Topic	Presentations	READINGS AND HOMEWORK
05/25/16	Course Introduction	Course	
CLASS 1	Techniques for understanding	Expectations	
	family perception	Assessment	
	through	Tools	
05/04/45	Assessment Tools		4. DASIC CENICODAM SWAPPOLS
06/01/16 CLASS 2	Family Systems	Helping	1. BASIC GENOGRAM SYMBOLS
CLASS 2	theory continued	Relationship the	2. DETAILED GENOGRAM SYMBOLS
		Social Work	
	Building a therapeutic	model	TIP SHEET FOR INTRODUCING A GENOGRAM
	relationship with		3. FAMILY SYSTEMS THEORY
	ECI families		HTTP://WWW.DSS.MO.GOV/CD/INFO/CWMANUAL/SECTION7/CH1 3
			3/SEC7CH1.HTM
			4. DIAGRAMMING FAMILIES FOR ASSESSMENT
			HTTP://DSS.MO.GOV/CD/INFO/CWMANUAL/SECTION7/CH1 33/SEC7
			CH25.HTM
			5. TITELMAN, P. (1998). CHAPTER 2. IN CLINICAL APPLICATIONS OF
			BOWEN FAMILY SYSTEMS THEORY (PP. 51-65). NEW YORK: HAWORTH
			PRESS. (EBOOK THROUGH OUR LIBRARY)
06/08/16			1. LEDERMAN, R., & WEIS, K. (2009). CHAPTER 1 AND 2. IN
CLASS 3	Pregnancy	Pregnancy &	PSYCHOSOCIAL ADAPTATION TO PREGNANCY SEVEN DIMENSIONS OF
02/1000		Delivery	MATERNAL ROLE DEVELOPMENT. DORDRECHT: SPRINGER.
		,	HTTP://LINK.SPRINGER.COM.LIBPROXY.UTDALLAS.EDU/BOOK/10.1007
	Family		<u>%2F978-1-4419-0288-7</u>
	Relationships	Family	2. CHILD ABUSE AND NEGLECT: USER MANUAL SERIES
		Relationships	THE IMPORTANCE OF FATHERS PG 5-7, PG 11-13, 15-17 , 19-24
	Fathers		HTTPS://WWW.CHILDWELFARE.GOV/PUBPDFS/FATHERHOOD.PDF#PA GE=19&VIEW=CHAPTER%202%20FATHERS%20AND%20THEIR%20IMPA
	Siblings	Lifeline &	CT%20ON%20CHILDREN%E2%80%99S%20WELL-BEING
		Ecomap DUE	
	Grandparents		3. PRUETT, K. (97, JANUARY 1). HOW MEN AND CHILDREN AFFECT EACH OTHER'S DEVELOPMENT. RETRIEVED JANUARY 14, 2015, FROM
			HTTP://WWW.ZEROTOTHREE.
			HTTP://WWW.ZEROTOTHREE.ORG/CHILD-DEVELOPMENT/EARLY-
			DEVELOPMENT/HOW-MEN-AND-CHILDREN-AFFECT.HTML
			4. A GRANDPARENT 'S GUIDE.
			HTTP://WWW.DSACC.ORG/DOWNLOADS/PARENTS/AGRANDPARENT
			SGUIDE.PDF
			GENOGRAMS AND AFRICAN AMERICAN FAMILIES: EMPLOYING
			FAMILY STRENGTHS OF SPIRITUALITY, RELIGION, AND EXTENDED
06/15/16	Cultural		FAMILY NETWORK, ANNIE MCCULLOUGH CHAVIS
CLASS 4	Competence		MICHIGAN FAMILY REVIEW, 9, 1, 30-36, 2004 © MICHIGAN COUNCIL ON FAMILY
		Cultural	HTTP://QUOD.LIB.UMICH.EDU/M/MFR/4919087.0009.104/
		Competence	GENOGRAMS-AND-AFRICAN-AMERICAN-FAMILIES-EMPLOYING-
			FAMILY?RGN=MAIN;VIEW=FULLTEXT
			2. SELF-ASSESSMENT CHECKLIST FOR PERSONNEL PROVIDING SERVICES
			AND SUPPORTS
			TO CHILDREN WITH DISABILITIES & SPECIAL HEALTH NEEDS AND
			THEIR FAMILIES HTTP://NCCC.GEORGETOWN.EDU/DOCUMENTS/CHECKLIST.CSHN.DO
			<u>C.PDF</u>

			3. DELIVERING PATIENT-CENTERED CARE IN THE MIDST OF A CULTURAL CONFLICT: THE ROLE OF CULTURAL COMPETENCE HTTP://www.nursingworld.org/mainmenucategories/ana Marketplace/anaperiodicals/ojin/tableofcontents/vol-16-2011/N02-May-2011/Delivering-patient-centered-care-in-the-MIDST-OF-A-CULTURAL-CONFLICT.HTML  4. SIX STEPS TOWARD CULTURAL COMPETENCE. HTTPS://www.ucare.org/providers/documents/6stepscultural-competence.pdf  5. CULTURAL COMPETENT HEALTHCARE IN THE HOME. HTTPS://elearning.utdallas.edu/bbcswebdav/pid-1132085-dt-Content-rid-11701363 1/courses/2165-utdal-hdcd-6310-SECOU1-50895/CULTURALLY%20COMPETENT%20HEALTH%20CARE%20IN%20THE%20HOME.PDF
06/22/16 CLASS 5	Grief And Stress	Grief Theory Stress Management	NONFINITE LOSS AND GRIEF  1. CHAPTER 1: INTRODUCTION TO NONFINITE LOSS AND GRIEF  2. CHAPTER 2: TRADITIONAL THEORETICAL PERSPECTIVES ON GRIEF  3. CHAPTER 3: LOSS AND GRIEF AS COUNTERPARTS  4. COPING WITH LOSS DURING PREGNANCY OR SOON AFTER BIRTH.  HTTP://www.zerotothree.org/child-development/health- NUTRITION/COPING-WITH-LOSS-DURING- PREGNANCY.HTML?PRINT=T#OFFERING  5. THE IMPACT OF CHILDHOOD DISABILITY: THE PARENT'S STRUGGLE BY KEN MOSES, PH.D.  HTTP://WWW.PEDIATRICSERVICES.COM/PROF/PROF-15.HTM
06/29/16 CLASS 6	Substance Abuse Trauma	Drug and Alcohol Issues Transtheoretical Model of Change Trauma	1. CHAPTER 4: THE FOUNDATIONS OF OUR EXPECTATIONS 2. CHAPTER 5: FORMING EXPECTATIONS AND THEIR PLACE IN LOSS 3. CHAPTER 6: ROLE OF MESSAGES AND THE DEVELOPMENT OF KNOTS  4. UPDATED GUIDELINES FOR TREATING BABIES EXPOSED TO DRUGS IN THE WOMB. http://healthland.time.com/2012/01/30/updated-guidelines-for-treating-babies-exposed-to-drugs-in-the-womb/  5. COULD YOU CARE FOR A BABY WITHDRAWING FROM DRUGS AND/OR ALCOHOL? http://www.familyfutures.co.uk/wp-content/uploads/2015/05/Foster-carer-practice-paper.compressed.pdf
07/06/16 CLASS 7	Trauma continued	Trauma continued	NONFINITE LOSS AND GRIEF  1. CHAPTER 7: FEAR, ANXIETY, AND DREAD  2. CHAPTER 8: DREADED EVENTS: PUBLIC REPUTATION  3. CHAPTER 9: DREADED EVENTS: PRIVATE REPUTATION  4. COPING WITH SEPARATION AND DEPLOYMENT: TAKING CARE OF YOURSELF AND YOUR BABY.  HTTP://WWW.ZEROTOTHREE.ORG/ABOUT-US/FUNDED-PROJECTS/MILITARY-FAMILIES/BRAVE-FILES/SECONDSEPT9PARENTSEPARATION.PDF  5. HELPING TRAUMATIZED CHILDREN A BRIEF OVERVIEW FOR CAREGIVERS BY BRUCE D. PERRY, M.D., PH.D.  HTTPS://CHILDTRAUMA.ORG/WP-CONTENT/UPLOADS/2014/01/HELPING_TRAUMATIZED_CHILDREN_CAREGIVERS_PERRY1.PDF

			6. THE ROLE OF HEALTHY RELATIONAL INTERACTIONS IN BUFFERING THE IMPACT OF CHILDHOOD TRAUMA  HTTPS://CHILDTRAUMA.ORG/WP- CONTENT/UPLOADS/2014/12/THE_ROLE_OF_HEALTHY_RELATIONAL
			INTERACTIONS PERRY.PDF
07/13/16 CLASS 8	Boundaries and Ethics	Boundaries and Ethics	NONFINITE LOSS AND GRIEF  1. CHAPTER 10: COGNITIVE DEVELOPMENT, IDENTITY FORMATION, AND GRIEFWORK  2. CHAPTER 11: CHARACTERISTICS AND IMPACT OF THREAT
	Adult Attachment Styles impact on helping	Adult Attachment patterns	3. JONG, P., & MILLER, S. (1995). HOW TO INTERVIEW FOR CLIENT STRENGTHS. SOCIAL WORK, 40(6), 729-736. RETRIEVED JUNE 1, 2015, FROM <a href="http://solutions-centre.org/pdf/how-to-interview-for-client-strengths1.pdf">http://solutions-centre.org/pdf/how-to-interview-for-client-strengths1.pdf</a>
		Loss Essay DUE	4. ADULT ATTACHMENT STYLES AND THE PSYCHOLOGICAL RESPONSE TO INFANT BEREAVEMENT. <a href="http://www.ncbi.nlm.nih.gov/pmc/articles/pmc4023106/">http://www.ncbi.nlm.nih.gov/pmc/articles/pmc4023106/</a>
07/20/16		NLP	NONFINITE LOSS AND GRIEF
CLASS 9	NLP -	Abuse and	1. CHAPTER 12: GRIEVING A CHAMELEON
	Communicating in different languages	Neglect	2. CHAPTER 13: CHARACTERISTIC CYCLES OF NONFINITE GRIEF 3. CHAPTER 14: THE DEVELOPMENT OF CLINTS AS STRATEGISTS
	Special Problems	Personal Genogram DUE	4. CHAPTER 261. INVESTIGATION OF REPORT OF CHILD ABUSE OR NEGLECT.  HTTP://WWW.STATUTES.LEGIS.STATE.TX.US/DOCS/FA/HTM/FA.261.
			<u>HTM</u>
07/27/16			NONFINITE LOSS AND GRIEF
CLASS 10	Mental Health	Abuse and Neglect cont.	CHAPTER 15: PRINICPLES FOR FACILITATING THE GRIEVING PROCESS     CHAPTER 16: CASE STUDIES IN NONFINITE LOSS
		Mental Health issues working with families	CHAPTER 261. INVESTIGATION OF REPORT OF CHILD ABUSE OR NEGLECT. <a href="http://www.statutes.legis.state.tx.us/docs/fa/htm/fa.261.htm">http://www.statutes.legis.state.tx.us/docs/fa/htm/fa.261.htm</a> HTM
			4. ZEANAH, C. (2000). CHAPTER 22: DISTURBANCE OF DISORDERS OF ATTACHMENT IN EARLY CHILDHOOD. IN WAIMH HANDBOOK OF INFANT MENTAL HEALTH (PP. 353-368). NEW YORK: WILEY. <a href="http://www.ncbi.nlm.nih.gov/pmc/articles/pmc2690512/">http://www.ncbi.nlm.nih.gov/pmc/articles/pmc2690512/</a>
08/03/16 CLASS 11	Class Wrap up		
GRADING &			90-100 = A
EXAMS			80-89 = B
POLICIES			70-79 = C
1 OLICIES			100 POINTS
LATE	WORK		NO LATE WORK IS EXCEPTED
CLASSROOM CITIZENSHIP			COURSE POLICIES:
CLASSROUM	TOTAL MATTER		1.EXPECTED HOURS OF WORK: THE GENERAL EXPECTATION IS THAT STUDENTS WILL, ACROSS THE SEMESTER, PUT IN A TOTAL OF 45 HOURS OF WORK FOR EACH SEMESTER CREDIT HOUR IN WHICH THEY ARE ENROLLED. FOR A TYPICAL 3-HOUR COMMITMENT DURING THE SEMESTER, THE STUDENT SHOULD EXPECT TO DEVOTE 135 TOTAL HOURS OF EFFORT.  2.ALL CELL PHONES OR OTHER DISRUPTIVE ITEMS WILL BE TURNED ON SILENT OR VIBRATE DURING CLASS. LAPTOPS ARE ALLOWED IN CLASS FOR NOTE TAKING AND VIEWING POWERPOINTS HOWEVER USE OF COMPUTER FOR PERSONAL USE DURING CLASS TIME IS NOT ACCEPTABLE.

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	3.ATTENDANCE POLICY: STUDENTS WILL BE ON TIME TO EACH CLASS (1:00PM-5:00PM) AND IN ATTENDANCE FOR THE ENTIRE SESSION. THE STUDENT IS RESPONSIBLE FOR INFORMING THE PROFESSOR PRIOR TO CLASS OF AN ABSENCE, EITHER IN PERSON OR BY VOICE MAIL. MY VOICE MAIL CAN BE USED 24 HRS A DAY. IT IS THE STUDENT'S RESPONSIBILITY TO ACCESS ALL INFORMATION PRESENTED FOR THE MISSED CLASS SESSION FROM OTHER STUDENTS IN THE CLASS. THE INSTRUCTOR IS NOT RESPONSIBLE FOR ENSURING THE STUDENT HAS THE MISSED MATERIALS. NO MAKE-UP WORK WILL BE GIVEN WITHOUT A WRITTEN DOCTOR'S EXCUSE. IF A STUDENT IS A "NO SHOW" ON THE DAY OF WORK SUBMISSION, THE STUDENT WILL AUTOMATICALLY EARN A ZERO. IF A STUDENT ARRIVES TO A CLASS SESSION AFTER IT HAS BEGUN, HE/SHE IS EXPECTED TO ENTER QUIETLY AND TAKE A SEAT IN THE LEAST DISRUPTIVE LOCATION.
	4.ASSIGNMENTS ARE DUE ON OR BEFORE THE DESIGNATED DATE AT 1:00PM. NO LATE ASSIGNMENTS WILL BE ACCEPTED. IN THE EVENT OF A VERIFIED ILLNESS (DOCTOR'S NOTE), THE ASSIGNMENT MAY BE FAXED TO MY OFFICE PRIOR TO 5:00PM ON THE DUE DATE FOR CREDIT. IN A LIFE-THREATENING EVENT (DOCTOR VERIFIED), THE INSTRUCTOR MAY PERMIT LATE ASSIGNMENTS.
	5.WRITTEN ASSIGNMENT CRITERIA: ALL WRITTEN MATERIAL SUBMITTED SHOULD BE TYPED, DOUBLE SPACED, 12PT FONT. IF YOU HAVE DIFFICULTY IN THE AREA OF WRITTEN COMMUNICATION SKILLS, YOU MUST OBTAIN THE ASSISTANCE OF THE UTD LEARNING RESOURCE CENTER WRITING LAB (ON WEB SITE AND AT 972-883-6707).
	6. DISCUSSION IN THE CLASSROOM REGARDING CASES ARE CONFIDENTIAL AND CAN EVOKE UNCOMFORTABLE EMOTIONS. CONFIDENTIALITY MUST BE MAINTAINED IN THE CLASSROOM AND MATURE BEHAVIOR AND TOLERANCE WILL BE EXPECTED.
COMET CREED	THIS CREED WAS VOTED ON BY THE UT DALLAS STUDENT BODY IN 2014. IT IS A STANDARD THAT COMETS CHOOSE TO LIVE BY AND ENCOURAGE OTHERS TO DO THE SAME:  "AS A COMET, I PLEDGE HONESTY, INTEGRITY, AND SERVICE IN ALL THAT I DO."
UT DALLAS SYLLABUS POLICIES AND PROCEDURES	THE INFORMATION CONTAINED IN THE FOLLOWING LINK CONSTITUTES THE UNIVERSITY'S POLICIES AND PROCEDURES SEGMENT OF THE COURSE SYLLABUS. PLEASE GO TO HTTP://GO.UTDALLAS.EDU/SYLLABUS-POLICIES FOR THESE POLICIES.