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Abnormal Psychology

Psy 4343.0W1 | Summer 2022
May 23 – June 27, 2022
Online

Professor: Regina Kakhnovets Ybarra, Ph.D.

 Regina.Ybarra@utdallas.edu  972-883-2326

 Virtual Office Hours on MS Teams – by appt.
Schedule at: <https://tinyurl.com/RYbarraBookings>

TA: Uan-Luen Hsieh uan-luen.hsieh@utdallas.edu
Schedule at: <https://tinyurl.com/RYbarraBookings>

This course focuses on the symptoms, causes, assessment, and treatment of abnormal behavior. Students will become familiar with the nature of several mental disorders, with emphasis on the DSM-5 criteria and the fundamental etiological theories for each disorder studied.

Course Description

Course Objectives

- ✓ Define normal and abnormal behavior
- ✓ Describe various psychological disorders including their symptoms, causes, and treatments.
- ✓ Identify the strengths and limitations of the current mental health system.
- ✓ Distinguish myths and misconceptions from facts regarding mental illness.

General Education Core Objectives

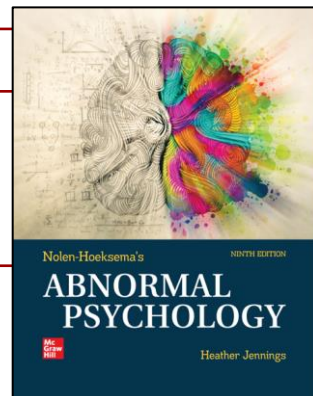
- ✓ Critical Thinking – to include creative thinking, innovation, inquiry, and analysis, evaluation, and synthesis of information
- ✓ Communication – to include effective development, interpretation, and expression of ideas through written, oral, and visual communication
- ✓ Social Responsibility – to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities

Required Text

- ✓ Nolen-Hoeksema, S., & Jennings, H. (2023). *Abnormal Psychology* (9th ed.). New York: McGraw Hill Education. ISBN 9781266568909
- ✓ Purchase through Perusall; Register through eLearning

COVID-19 Guidelines and Resources

The information contained in the following link lists the University's COVID-19 resources for students and instructors of record. <http://go.utdallas.edu/syllabus-policies>



Instructional Mode: Online/Asynchronous

All materials will be available online at the start of the week and students can choose when to work on them before the due date.





Course Platform

eLearning – quizzes, course materials, & assignments
MS Teams – Communication

Expectations

Complete weekly assignments, discussions, and quizzes online using eLearning; No scheduled class meetings.

Course Tools

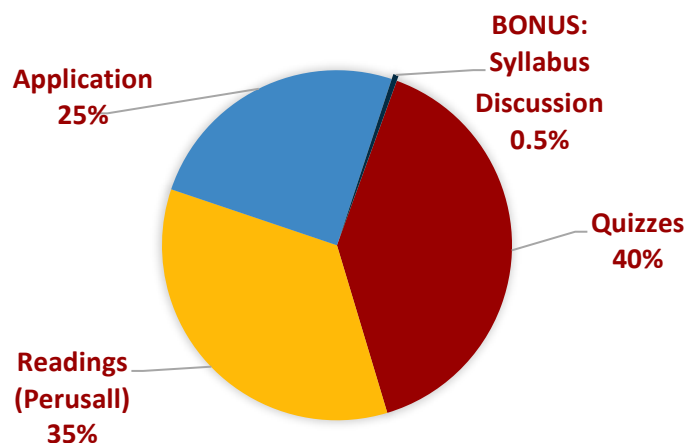
Tool	Description
eLearning 	<p>eLearning is an online Learning Management System available for all courses. I will post the course syllabus and announcements here. You will use eLearning to complete the course exams, and to access course assignments, lecture videos and other materials. I will update your gradebook in eLearning so that you can see your progress in the course. You can use the email in eLearning to contact me, but it would be much easier and faster to do in Microsoft Teams (see below).</p> <p>Technical Requirements In addition to a confident level of computer and Internet literacy, certain minimum technical requirements must be met to enable a successful learning experience. Please review the important technical requirements on the Getting Started with eLearning webpage.</p> <p>Course Access and Navigation This course can be accessed using your UT Dallas NetID account on the eLearning website. Please see the course access and navigation section of the Getting Started with eLearning webpage for more information. To become familiar with the eLearning tool, please see the Student eLearning Tutorials webpage.</p> <p>UT Dallas provides eLearning technical support 24 hours a day, 7 days a week. The eLearning Support Center includes a toll-free telephone number for immediate assistance (1-866-588-3192), email request service, and an online chat service.</p>
Perusall 	<p>Perusall helps you master readings faster, understand the material better, and get more out of your classes. To achieve this goal, you will be collaboratively annotating the textbook and completing discussion/application assignments with others in your class. The help you'll get and provide your classmates (even if you don't know anyone personally) will get you past confusions quickly and will make the process more fun. While you read, you'll receive rapid answers to your questions, help others resolve their questions (which also helps you learn), and advise me how to make class time most productive.</p> <p>Perusall assignments will be linked through eLearning. You will not need to create a separate account. Assignments will include reading and annotating the textbook, discussing videos, and reading and discussing additional readings.</p>
Microsoft Bookings 	<p>I use Microsoft Bookings to allow students an easy way to be able to schedule meetings with me. By following my scheduling link (https://tinyurl.com/RyBarraBookings) you can see my availability and schedule a meeting. Once you schedule, the meeting will be automatically added to my calendar and you will receive a confirmation email with the details of the appointment, including a Microsoft Teams Meeting link for online appointments. My Bookings scheduling link also allows you to schedule appointments with the course TA.</p>
Microsoft Teams 	<p>Microsoft Teams is a platform for communication and collaboration. It allows a safe and secure method of communication for students and faculty at UTD. I have created a team for our course and have added you to it. In Teams, you can send me, the course TA, and the course Undergraduate TA direct messages. You can work and communicate with other students. Teams offers a really easy way to be able to communicate with everyone in our class. I will be using Teams for course announcements, questions, and meetings.</p>

Assignments and Grading

Assignment	Description
Reading Assignments	<p>The textbook for this class and reading assignments are available through a collaborative annotation/discussion platform, Perusall. For each module, you will have a reading assignment to complete in Perusall. To successfully complete the assignment, please read the chapter and add comments, annotations, and questions. Please read early! Your grade on Perusall assignments can be improved by accessing the readings multiple times, reading in small chunks (rather than all at once) and by responding to the questions of others. Come back to the reading often and check on the comments made by others, try to answer their questions, or respond to their posts.</p> <p>I will drop your lowest 2 Perusall reading grades when calculating your final grade. Be sure to look over the Perusall information posted on eLearning. Please ONLY access Perusall assignments through the links in eLearning.</p>
Applied Reflection Assignments	<p>For each module you will complete an assignment that will ask you to apply something you learned in class. This might include reading cases of people with symptoms of a disorder and coming up with a diagnosis; or this might include watching a Ted talk and discussing it with your classmates. Some application activities will be discussions of specific supplementary readings or answers to specific discussion questions on Perusall. I will drop your 2 lowest grades on these assignments.</p>
Quizzes	<p>Each module will have an online quiz associated with it. The quizzes will cover the assigned readings and lecture material for each module topic. Questions will be drawn from a random question bank and each quiz will be different from any other person's quiz. Quizzes are timed and you will have one attempt to take them within the allotted time window and cannot be made up. That means that while you may have time to look through your notes to answer <i>some</i> questions, you will not have enough time to look at your notes for all questions. Please study and prepare for the quizzes. At the end of the semester, I will drop two of your lowest quiz grades.</p>
Syllabus Discussion	<p>To help you get more familiar with the course syllabus and Perusall, you will interact with the syllabus in Perusall by asking questions, making annotations, etc. If you complete this assignment by actively participating in the discussion, you will earn a bonus of 0.5% of the final grade.</p>

LETTER	PERCENTAGE	LETTER	PERCENTAGE
A+	97-100	C+	77-79.9
A	93-96.9	C	73-76.9
A-	90-92.9	C-	70-72.9
B+	87-89.9	D+	67-69.9
B	83-86.9	D	63-66.9
B-	80-82.9	D-	60-62.9
		F	59 or lower

GRADE CALCULATION



I will not respond to emails asking me to "round up," to change grades for any reason other than an error, or to reconsider my grading policy as described in the syllabus. Making adjustments to grades of only some students is unfair to other students and would require me to act unethically.

Course Policies

Classroom Etiquette

Please be courteous to others during class. **In this course, we will touch on some very sensitive and personal issues** The purpose of the class is to inform broadly about the specific disorders and treatments NOT to provide individual diagnosis and psychotherapy. UTD's Student Counseling Center (972-883-2575) provides students with free and confidential services that may be helpful if the content of this course brings up difficult feelings or thoughts.

Late Work

All course work will be due by the end of the day (11:59PM) on Mondays. I will drop your lowest two Quizzes, Application Assignments, and Reading assignments. If you submit one of these late, you will receive a zero and it will be one of the two grades dropped. **No late or make-up work (including quizzes) is allowed in this course.** Each quiz will be available on eLearning for about a week, meaning that you can take the quiz at any time during that period. **Quizzes started before the deadline but submitted after the 11:59pm deadline will NOT be accepted.** **Please be aware that emergencies and illnesses come up unexpectedly and grade drops are intended to help with these. Please do not use up your drops early in the semester for nonemergency circumstances as more than 2 of each type of grade will not be dropped.**

Class Materials

I will provide class materials that will be made available to all students registered for this class as they are intended to supplement the classroom experience. These materials may be downloaded during the course; however, these materials are for registered students' use only. Classroom materials may not be reproduced or shared with those not in class or uploaded to other online environments except to implement an approved Office of Student AccessAbility accommodation. Failure to comply with these University requirements is a violation of the [Student Code of Conduct](#).

Lecture videos will be available for you on eLearning and will cover important topics for each module, give examples of difficult concepts, and present additional information not found in text. While you will not be graded on watching these, you are expected to know the material presented and questions on quizzes will come from these videos.

Class Recordings

Students are expected to follow appropriate University policies and maintain the security of passwords used to access recorded lectures. Unless the Office of Student AccessAbility has approved the student to record the instruction, students are expressly prohibited from recording any part of this course. Recordings may not be published, reproduced, or shared with those not in the class, or uploaded to other online environments except to implement an approved Office of Student AccessAbility accommodation. Failure to comply with these University requirements is a violation of the [Student Code of Conduct](#).

Technical Requirements

In addition to a confident level of computer and Internet literacy, certain minimum technical requirements must be met to enable a successful learning experience. Please review the important technical requirements on the [Getting Started with eLearning](#) webpage. This course can be accessed using your UT Dallas NetID account on the [eLearning](#) website. Please see the course access and navigation section of the [Getting Started with eLearning](#) webpage for more information. To become familiar with the eLearning tool, please see the [Student eLearning Tutorials](#) webpage.

Technical Difficulties

The University is committed to providing a reliable learning management system to all users. However, in the event of any unexpected server outage or any unusual technical difficulty which prevents students from completing a time sensitive assessment activity, appropriate accommodations may be provided. Students should immediately report any problems to the instructor and also contact the online [eLearning Help Desk](#). The instructor and the eLearning Help Desk will work with the student to resolve any issues at the earliest possible time.

UT Dallas Syllabus Policies and Procedures

The information contained in the following link constitutes the University's policies and procedures segment of the course syllabus. Please go to <http://go.utdallas.edu/syllabus-policies> for these policies. Additional information about some of these is below:

Email

All students must use their UTD student email accounts for communication. I will only respond to email messages sent from your official UTD email address. In your email, please make sure to indicate your course title and section. I will try to respond to all emails within 24 hours during the week and by the next business day when emailed over the weekend.

Academic Dishonesty

Academic dishonesty can occur in relation to any type of work submitted for academic credit or as a requirement for a class. It can include individual work or a group project. Academic dishonesty includes plagiarism, cheating, fabrication, and collaboration/collusion. In order to avoid academic dishonesty, it is important for students to fully understand the expectations of their professors. This is best accomplished through asking clarifying questions if an individual does not completely understand the requirements of an assignment. **Plagiarism** occurs any time someone else's ideas or words are used without proper citation, whether it is intentional or not. This includes taking portions of a paper from the internet, copying the paper of a previous student in the class, producing the same paper as a friend, and paraphrasing someone's research without proper citation. **Any and all academic dishonesty incidents will be reported to the Office of Community Standards and Conduct.**

Special Needs

It is the policy and practice of UT Dallas to make reasonable accommodations for students with properly documented disabilities. If you are a student with a disability and believe you will need academic accommodations for this class, you are encouraged to register with the Office of Student AccessAbility (OSA). Please speak with me if you receive any accommodations.

Helpful Resources

The [Student Counseling Center](#) offers confidential services to students either for individual appointments or as part of groups. Their main number is 972-883-2575 and the 24/7 Crisis Hotline is 972-883-8255 (972-UTD-TALK).

The [Comet Cupboard](#) is a UT Dallas food pantry initiative dedicated to helping students in need. The Comet Cupboard is located in MC 1.604, on the first floor of the McDermott Library, and can be contacted by calling 972-883-2709.

The [Student Success Center \(SSC\)](#) offers assistance to students in the areas of writing, mathematics, communication, multiple science fields, study skills, and other academic disciplines. Contact info: 972-883-6707 or by sending an email to ssc@utdallas.edu.

Distance Learning Student Resources: Online students have access to resources including the McDermott Library, Academic Advising, The Office of Student AccessAbility, and many others. Please see the [eLearning Current Students](#) webpage for more information.

Comet Creed

This creed was voted on by the UT Dallas student body in 2014. It is a standard that Comets choose to live by and encourage others to do the same:

"As a Comet, I pledge honesty, integrity,
and service in all that I do."

Course Schedule

The descriptions and timelines contained in this syllabus are subject to change at the discretion of the Professor. Any changes to the course schedule will be announced on eLearning.

Dates	Topics/Assignments	Assignments	Due Dates All by 11:59pm
Week 1 5/23 – 5/30	Module 0: Course Introduction	<input type="checkbox"/> Perusall Practice: Syllabus (Bonus)	Mon 5/30
	Module 1: Introduction, Defining Abnormality, Historical Perspectives and Current Trends	<input type="checkbox"/> Perusall Reading: Chapter 1 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 1	
	Module 2: Theories and Treatment of Abnormality	<input type="checkbox"/> Perusall Reading: Chapter 2 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 2	
Week 2 5/31 – 6/6	Module 3: Assessment and Diagnosis	<input type="checkbox"/> Perusall Reading: Chapter 3 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 3	Mon 6/6
	Module 4: Trauma, Anxiety, and OCD Related Disorders	<input type="checkbox"/> Perusall Reading: Chapter 5 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 4	
	Module 5: Somatic Symptom and Dissociative Disorders	<input type="checkbox"/> Perusall Reading: Chapter 6 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 5	
Week 3 6/7 – 6/13	Module 6: Mood Disorders and Suicide; Non-Suicidal Self-Injury	<input type="checkbox"/> Perusall Reading: Chapter 7 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 6	Mon 6/13
	Module 7: Substance Use Disorders	<input type="checkbox"/> Perusall Reading: Chapter 14 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 7	
Week 4 6/14 – 6/20	Module 8: Schizophrenia Spectrum Disorders	<input type="checkbox"/> Perusall Reading: Chapter 8 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 8	Mon 6/20
	Module 9: Personality Disorders and Conduct Disorder	<input type="checkbox"/> Perusall Reading: Chapter 9, 11 (part) <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 9	
Research Exposure Credit (REC) Due			
Week 5 6/21 – 6/27	Module 10: Eating Disorders	<input type="checkbox"/> Perusall Reading: Chapter 12 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 10	Mon 6/27
	Module 11: Sexual Disorders and Gender Diversity	<input type="checkbox"/> Perusall Reading: Chapter 13 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 11	
	Module 12: Mental Health and the Law	<input type="checkbox"/> Perusall Reading: Chapter 16 <input type="checkbox"/> Perusall Applied Reflection <input type="checkbox"/> Quiz – Module 12	