UTD THE UNIVERSITY OF TEXAS AT DALLAS The Galerstein Women's Center

Services

Confidential counseling, guidance, support, mentoring and community resource referral offered to students, faculty and staff, with particular emphasis on gender- related topics, such as relationship issues, sexual harassment, workplace conflicts, equity, and professional development.

The Galerstein Library offers a variety of reading materials and videos for loan on topics such as: self- help, health & wellness, legal issues, family life, women's history, community resources, and popular fiction.

Support groups, guided- discussion, programs and workshops to openly discuss topics traditionally associated with women, such as balancing work and family, career and glass- ceiling issues, eating disorders, divorce and single parenting, life changes and moving forward, relationships, stress, and self- esteem.

Special events, guest speakers, panels, and social gatherings, designed to connect with the Dallas community, network professionally, and commemorate historical milestones for women.

How can I use the Women's Center?

- Make an appointment for professional, confidential counseling
- Meet new people, network with other professionals, socialize
- Take a break, study
- Use the computer
- Read a book, magazine or periodical from our library
- Rent a video or book
- Research a paper or other project
- Learn about resources on campus and in the community that address your specific needs
- Use the Center as a meeting place for your organization
- Let us help you plan/co- sponsor a campus event for your sorority or fraternity
 <u>Volunteer</u> at the Women's Center, or find out about volunteer opportunities in the
- community
- Stay current on <u>upcoming events</u> and <u>important issues for women</u>
 Find out about scholarships for women offered in the community and nationally

Updated: June 21, 2007

Frida Kahlo Artist

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"They thought I was a surrealist, but I wasn't. I never painted dreams - I painted my own reality."