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Career Counseling and Assessment

Career development is a lifelong process and involves making many important decisions along the way. Career Counselors can assist you in your decision-making process no matter what stage you find yourself.

Career Counselors are interested in educating and empowering you to explore and research career options and to prepare for the options that best fit your interests, aptitudes, values, personalities and qualifications. Whether you are a freshman in the beginning stages of your career exploration, a sophomore or junior looking for the best way to gain experience while you are in college, or a graduating senior or graduate student getting ready for a proactive job search, our staff members are available by appointment to assist you. [Contact the Career Center](#) to schedule an appointment.

Career assessments and career guidance resources are sometimes used to help you know yourself better and to identify potential career paths. A few of the career assessments and guidance resources available through the UTD Career Center include the following:

- Myers-Briggs Type Indicator ©
- Self-Directed Search ©
- Strong Interest Inventory ©

These assessments are administered in the Career Center by professional career counselors.

Other Available Resources

eChoices CT - An assessment tool to assist you in learning more about yourself, how to find occupations that fit your occupational choices, and how to connect to training programs and schools related to your occupations. ID= 0105733; Password=comets

SIG13 - A system of interactive guidance and information. You can find out more about yourself, make lists of occupations to explore, see what skills each occupation requires, see how to prepare for each occupation, and make plans to get yourself started.

Career Resource Library - The [UTD Career Center Resource Library](#) contains a number of print, video and electronic resources that can help you expand your knowledge and understanding of the job market, salary ranges, job search tools and strategies and various employers.

Career Center Seminars - The Career Center offers a number of [seminars](#), workshops and other career programs that will be beneficial to you as you go through the process of assessing your skills, interests, values and options. Check the [Career Center Calendar of Events](#) for a current listing of events.

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